



INFORMED CONSENT FOR PHYSICAL THERAPY

Physical Therapy involves the use of many different types of physical evaluations and treatments. At Excel Rehabilitation & Sports Therapy, we use a variety of procedures and modalities to help us try and improve your function. As with all forms of medical treatment, there are benefits and risks associated with physical therapy.

Since the physical response to a specific treatment can vary widely from person to person,, it is not always possible to accurately predict your response to a certain therapy, modality or procedure. We are not able to guarantee precisely what your reaction to a particular treatment might be nor can we guarantee that the treatment will help your condition. There is also a risk that your treatment may cause pain, injury, or may aggravate previously existing conditions.

You have the right to ask your physical therapist what type of treatment he or she is planning based on your history, diagnosis, symptoms and testing results. You may also discuss the potential risks and benefits of a specific treatment with your therapist. You have the right to decline any portion of your treatment at any time before or during your treatment session.

Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has an inherent physical risk associated with it. If you have any questions regarding the type of exercise you are performing or any specific risks associated with your exercise, your therapist would be glad to answer them.

I acknowledge that my treatment program has been explained to me by Excel Rehabilitation & Sports Therapy, and that all of my questions have been answered. I understand the risks associated with a program of Physical Therapy as outlined to me, and I wish to proceed.

Patient Name: _____

Patient Signature: _____

Date: _____